# playbook Flowers

#### nature biome

## can talk

#### (016) Express yourself with flowers!

Enter the amazing world of floral symbolism! This playbook will help you learn the language of flowers. even though this is a highly secret ancient art known only to a select group of the wisest people on Earth (not really). Follow the playbook for a controlled experience, or let your creativity take you places you've never been. After all, if you only have white roses, you can always paint them red Or blue!

Scan the QR code on the back cover to access the digital version of this playbook.

Flowers are both beautiful and meaningful. They represent emotions, contain memories, spark creativity, and bring us closer to nature. For the activities in this kit, you might want to use not only flowers but other natural objects like stones, branches, and tree bark.

6-14

## **!** Warnings

Every playoddity kit is designed as a children's experience that is guided by an adult. All the described activities require adult supervision. Safety instructions for each item in the kit can be found on the item's individual packaging.







Hi, this is The Voice speaking. I'd like to remind you that the most important part of the playoddity experience is the child or children. Without them, you'll just be an adult playing games to avoid responsibilities. So put your phone away, and follow the instructions in this playbook for having a great time! The activities also work without the playbook, if you have your own ideas, but we suggest you have a look at ours first.



Without playbook



With playbook

## Unboxing

Once you open the kit, the gentle art of ikebana — and the mysteries of floral arrangements and compositions — will unfold before you. True beauty needs to be photographed — share with #playoddity.

Each item in the kit has a colored sticker:

- Green sticker item can be used by children and adults
- Red sticker item should be used by adults only

If any items on the list are missing, or you have problems with any of the products, please get in touch.

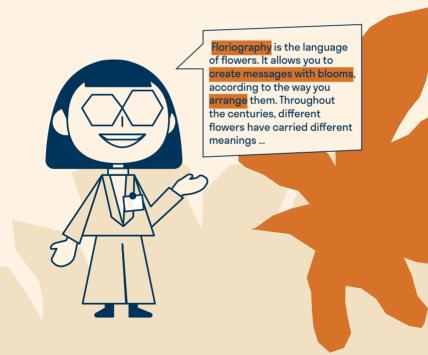
#### **Contents of this kit**

- 01. Set of vases Several one-bedroom apartments for your future creations.
- **02. Vase-building set**This is going to be a-vasing!
- ●03. Kenzan
  It looks like a hedgehog,
  or a spiky frog or a
  bouquet holder.
- 04. Mold for sweets Fancy some flowershaped treats?
- 05. Set of frames Not all ikebana needs a vase, but each memory needs a frame.
- O6. Aroma sachet Beauty is in the air.
- O7. Decorative masks Express your unique character.
- 08. Book about flower arranging Let's look at some theory.
- 09. Notebook Make notes, sketch your future creations, or write down your ideas.

- 10. Paper note block It's hiding something special.
- 11. Acrylic markers
   For long-lasting designs.
- 12. Stencil
  All it needs is a suitable
- 13. Vinyl stickers Add some flowers to everyday items.
- 14. Decorative sticky tape Fixes small mistakes, seals tiny cracks, or just adds beauty.
- 15. Magnifying glass Let's take a closer look.
- 16. Sticks

  The future stems of your flowers.
- 17. Thick paper The ultimate building material.
- 18. Tissue paper There's always space for some decoration.
- 19. Felt squares What are they gonna become?

- 20. Foam sheets Bend it, glue it, turn it into something special.
- 22. Insect pins Well, flowers do attract butterflies.
- 23. Storage case Keep your creativity in order.



## **Notes and ideas**

Oh, enough with the boring stuff! It's driving me crazy! Hey, you wanna earn a new anguage? One that only your family can understand? OK, take a look at the kit. It has everything you need!

#### Floral thinking

So, let's think about flowers.

- How many flowers do you know the names of?
- What flowers do you see most often?
- What flowers do your family members like?
- What flowers and plants can be found growing in your town or city?

Write down your answers in a notebook. They'll help us to start creating a new language. And we start on the next page ...

It's not boring, YNK. It's called history! Flower language can seem simple, but different nations over the course of history had different meanings for specific flowers. In ancient Rome, white lilies were attributes of luxury and wealth they even appeared on coins. Ancient Egyptians used white lilies as funeral flowers for young women. But in France — well. everyone just loves lilies. In the old crests of French royalty, you can see a shield with three lily flowers that symbolize mercy, justice, and compassion.



#### Flower meditation

Think of different flowers and their associations. Do they evoke emotions or ideas? Do roses make you feel loved? Maybe your ear starts to itch when you look at sunflowers? Or perhaps you go slightly mad when one thousand and one yellow daffodils begin to dance in front of you?

#### Let's begin!

Talk together about which flower you associate with each family member, and decide together on a flower that represents each person. Draw the flowers on the side of one of the vases from the kit, using the colored markers. This way, you'll start creating a family flower portrait.

I have to remind you that although it's possible to use magic to find out what your favorite flower is, that magic is illegal in all 50 states. That's why we didn't put any flowers in the kit. And after all, it's you who's creating a new language. Who are we to force specific words or whole sentences of the language upon you?

Alchemists were the magicians of their time. They tried to understand the composition of minerals and the effects of different plants, and they were also deeply involved in astrology. In their notes on flowers and plants, they added the signs of the planets. For example, the flowers with white blossoms were marked with the sign of the Moon, the yellow blossoms with the Sun, and the blue ones with the planet Jupiter. That's the beginning of a secret language, don't you think?



Now that you know which flower corresponds to each family member and what flowers can mean, it's time to design your own flower.



#### **DIY flowers**

The easiest way is to draw a flower on paper, color it, cut it out, and glue it to a wooden stem. But there are other options! You can cut the blossom out of felt, a foam sheet, or even a plastic bottle! The felt flowers can have multiple folded layers, sewn together; foam can be gently bent with the warmth of your hands and glued.

The most popular and recognizable flower is, of course, a rose! It's very easy to make one — all you need is a paper napkin and sleight of hand. Unfold the napkin completely and lay it on the table. Fold over one edge about two inches (the size of the fold depends on the size of the napkin). This fold will become the edge of the rose petals. Now roll the napkin, but not too tightly. Create the flower by pinching the tube a couple of inches below the folded edge, where the paper is thicker, and carefully twisting. Continue twisting to form the stem. About halfway down the stem, pull up one layer of napkin from the bottom, forming a leaf, and then twist to the end. Now you have your flowerwords ready. Time to put them into sentences!

#### Composition is key

We'll now dip into the ancient art of ikebana—
it will help you grasp the idea of flower arranging.
Pay attention to the shape, outline, and lines of your arrangement. The trick here is to position it inside an imaginary scalene triangle. Try to draw it in the air, and put all your flowers inside it. You can cut the stems or bend the branches to fit!

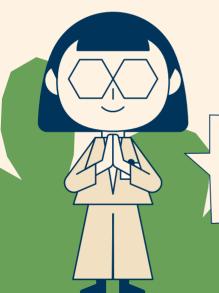
- 1. Put the kenzan (the spiky frog) inside the vase, but don't place it in the center. Move it to the side a bit. There's no symmetry in nature.
- The first flower, branch, or plant that you position should be the biggest one. It should be approximately twice the width or height of the container. This is called the Subject. Place it on the kenzan.
- 3. The second flower or a branch that you add to the composition should be only one third of the Subject's length. It's called the Object. Place it in such a way that it faces you and attracts attention.
- 4. And finally the rest of the composition. It should be completely random. Have fun, and don't make it too symmetrical. Shape the stems, cut them, and create whatever you like.

## What's the message?

If each flower is a word, what phrase does your arrangement express? If you can't think of the meaning right away, start with individual flowers and move "word by word," letting your intuition lead the way.

### Find your inspiration

Congratulations on your first composition! That was just a warm-up, and now you're ready for the rest of the journey. Walk around your neighborhood or in the countryside, collect or buy the flowers and plants you like (be careful, some may be protected or even poisonous!) and create new phrases and whole pictures with them.



Another good rule in ikebana (and in the rest of your life too) is to keep things simple. Don't overwhelm the composition with a lot of unnecessary details, flowers, or branches. Keep it minimal.

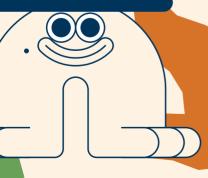
#### All right, stop! Memory time!

You'll find some frames in the kit. They allow you to stop time and freeze beautiful moments. You can dry a flower and frame it, so you always remember the event the flower is connected with. And it doesn't have to be a forget-me-not!

Flowers? How about vegetables? They can talk too! And stones, pinecones, and human-made objects. They can all talk — you just need to listen!

#### Compose yourself

- Select four things you're grateful for, and show them in a composition of flowers.
- Express your day or your week — in flowers.
- Represent yourself, your family, and your friends using flowers.
- Flowers tell stories. Tell the history of your family using them.



#### **Mystery item**

Ikebana is a mysterious and ancient art. It has many secrets yet to be uncovered. Maybe this item will help you reveal one of them?

### Search terms

p flower that smells like chocolate	×
why are flowers colored	7
black bat flower	7
Medellin flower festival	7
American grown flowers	7
origami flowers	7
well dressing in England	7
flowers in ancient Egypt	7
digital flowers	7
the Victorian language of flowers	7
flower agriculture technology videos	7

## **Question time**

**?** What's your favorite flower?

Do you know the season for your favorite flower?

What flowers are in season at the moment?

What's your favorite color? Why?

## **Creativity time**

There's a flower for every letter of the alphabet. Can you make a list?

There's more out back — follow the arrow!

If you lose this playbook in a basket of flowers, or it suddenly becomes a part of your latest ikebana — don't worry. You can always find the digital version online if you follow the QR code. And while you're on the website, check out our other kits. They're awesome!

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